

Oshihhaataak la Galet! 1

Let's Make Bannock! 1

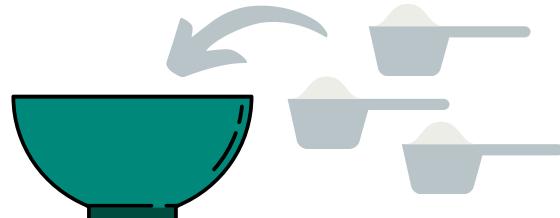


Otina aeñ groo plaa!

Otin la farin!

Take a large mixing bowl!

Take some flour!



Ahi la farin daañ li groo plaa! (Ashtaa trwaa lii bol di farin daañ li groo plaa!)

Put the flour in the mixing bowl!

(Put three cups of flour in the mixing bowl!)



Ashtaa apishiish li sel! Ahi en groos choyeer* di poodr a paat!

Put in a little salt! Put in a large spoon of baking powder!



Oshihtaa aeñ pwii daañ li miljeu!

Make a well in the middle!



Shiikina li wil pi diloo!

Pour in the oil and water!



Iteehi avik en choyeer aañ bwaa!

Stir with a wooden spoon!

* note that choyeer, cheuyeer, chwiyeer are among several of the variations for "spoon"